



CLINIQUE
CHIRURGICALE
DE LAVAL

Post-operative advices : Ankle & Foot
Dr Greg Berry



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Bandages

According to the surgeon's instructions.

Stitches

They will be removed at your first appointment with the surgeon, 7 to 14 days after your surgery.

Shower

You may shower as soon as the stitches are taken off.

Weight

According to the surgeon's instructions.

Elevation

You must elevate the operated leg for the first 7 to 10 days following your surgery.